



Office of the Superintendent – 760 Magnolia Avenue – Piedmont, CA 94611 – 510.594.2614

MEMORANDUM

To: Board of Education
From: Randall Booker, Superintendent
Date: October 23, 2015
Subject: **Superintendent’s Announcements**

LCAP Advisory Committee Meeting

On Wednesday, November 9, 2015, the Piedmont Unified School District will host a Local Control Accountability Plan (LCAP) Community Engagement Meeting at the Piedmont Middle School Multi-Purpose Room. Any parent and/or community member is welcome to attend.

Facilities Master Planning - PUSD Site Tours – Secondary Campuses

In order to provide context to the many conversations regarding the adequacy of PUSD Secondary facilities to support current and future educational programs, the District will host public tours of various buildings at Piedmont High School, Millennium High School and Piedmont Middle School. All members of the public are welcome to attend.

The PUSD Site Tours – Secondary Campuses:
(Meet at the Piedmont High School flagpole in front of campus)

Tuesday, November 3, 2015 3:30pm – 4:30pm
Wednesday, November 18, 2015 3:30pm – 4:30pm

Site Planning Meetings

The District will also host public meetings at each school site to discuss the Educational Specifications and facility needs of each respective school. Educators, students, families, and community members are encouraged to participate. The site meetings are as follows:

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|--------------------------------|---------------------------|---------------|
| Piedmont High School: | October 26 th | 3:45pm-5:15pm |
| Piedmont Middle School: | November 2 nd | 3:30pm-5:00pm |
| Millennium High School: | November 5 th | 3:30pm-5:00pm |
| Havens Elementary School: | November 12 th | 3:30pm-5:00pm |
| Wildwood Elementary School: | November 19 th | 3:30pm-5:00pm |
| Beach Elementary School: | November 30 th | 3:30pm-5:00pm |
| Piedmont High/Millennium High: | December 1 st | 3:30pm-5:00pm |

Parent Presentation on Nonsuicidal Self Injury (NSSI)

Nonsuicidal self injury (NSSI) is more common in adolescent and young adult populations than previously thought. Here at Piedmont High School, Millennium High School and Piedmont Middle School, we sense an increasing need to support students around NSSI and feel that it is important to examine this topic as a community.

What is self-injury? The most common methods of self-injury include cutting, burning, scratching, and bruising. These injuries can range in severity from minor to moderate. Self-injury can start at any age, but most people who self-injure start when they are teenagers.

Why does this occur? For most, cutting is an attempt to interrupt strong emotions and pressures that seem impossible to tolerate. It can be related to broader emotional issues that need attention. Most of the time, cutting is not a suicide attempt. Cutting affects many teens and preteens even beyond those who self-injure. In many cases, cutting and the emotions that go along with it are something teens struggle with alone. Many teens worry about a friend who cuts or face pressure from peers to try cutting as a daring thing to do.

It can be hard to understand why anyone would hurt himself or herself on purpose. Learning that your own teen is doing it can leave you feeling shocked and upset and not sure what to do or how to help.

The PUSD Wellness Center has invited Cris Rita from Alameda County Crisis Services to provide training for parents on non-suicidal self-injury ("cutting") on **October 29th** from **7:00pm to 8:30pm** at Piedmont Middle School Multi-Purpose Room. Space is limited to 290. Please RSVP by email to Ellen Fraser efraser@piedmont.k12.ca.us .