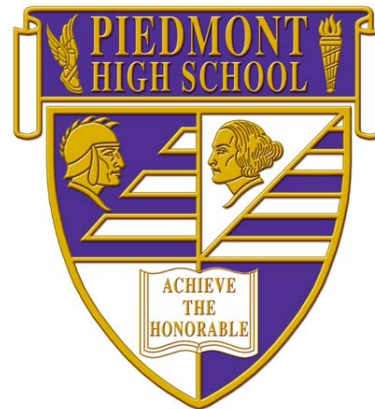


Piedmont High School Piper Café

The Piedmont High School Administration, Nutrition Director, and Parents' Club seek to change the eating behavior of students at PHS such that an increased amount of students will eat a more nutritious lunch and stay on campus to help foster a positive student community. This is accomplished by enhancing the quality and variety of items offered; giving students greater control in their selections; promoting awareness of whole food menu options and their nutritional benefits; engaging students in the process of change; and integrating nutrition education into our course curriculum.

Chef Aaron Sears, Director & Executive Chef

Joining Piedmont High School in 2007, Chef Aaron Sears has a background as both a restaurant and personal chef. With his culinary education coming from the City College of San Francisco - Culinary Arts and Hospitality Program, Aaron is a versatile chef that is able to respond to the varying tastes of our students. His strengths are also visible in his positive relationships with student assistants and the parent community. As the Nutrition Director and Executive Chef, Aaron is responsible for the daily implementation of healthy breakfast and lunch options that are in accordance with California State Law. He also manages and trains student assistants in culinary fundamentals.



Piedmont High School

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ASears@piedmont.k12.ca.us
www.piedmont.k12.ca.us/campus-life/school-nutrition.php

Piedmont High School

Piper Café Catering Menu



"One of the very nicest things about life is the way we must regularly stop whatever we are doing and devote our attention to eating." ~ Luciano Pavarotti

510.655.8356
www.piedmont.k12.ca.us/phs

Breakfast or Brunch Menu

Wake Up Call – A perfect way to jump start the morning. A cup of coffee and freshly baked muffins.

\$3.25 per person

Deluxe Continental Breakfast – Assorted muffins with seasonal fresh fruit, gourmet coffee, and chilled orange juice.

\$5.50 per person

Rise and Shine Breakfast Break – A healthy start to the morning. Assorted yogurts, cereals, fresh fruit, gourmet coffee, and chilled orange juice.

\$7.25 per person

The Highlander Breakfast – An assortment of Hot Breakfast Sandwiches (egg & cheese w/ ham or sausage), or Huevos Rancheros, fresh fruit, gourmet coffee, and chilled orange juice.

_____ Hot Breakfast Sandwich \$6.75 per person

_____ Huevos Rancheros \$9.25 per person



We require at least 72 hours notice. Late orders may require substitutions with on hand items and may require an additional fee.

WE LOOK FORWARD TO SERVING YOU!

Lunch or Dinner Menu

Piper Café Gourmet Boxed Lunch – Please choose from the various selections. Each sandwich is prepared on a fresh sourdough roll. Each lunch includes a side salad, Otis Spunkmeyer Cookie, and choice of Coke, Diet Coke, or bottled water.

\$12.00 per person

_____ Chicken Pesto Sandwich

_____ BBQ Chicken Sandwich

_____ Tuna Sandwich

_____ Tomato, Basil, Mozzarella Sandwich*

_____ Roasted Portobello Sandwich*

_____ Chicken Club Sandwich (add \$2.00)

* indicates vegetarian

The Bagpiper Platters – These individually prepared selections serve 15-20 ppl per dish.

_____ Tuna Salad \$40.00

_____ Caesar Salad \$45.00

_____ Caesar Salad w/ chicken \$65.00

_____ Spinach Salad \$45.00

_____ Spinach Salad w/ chicken \$65.00

_____ Greek Salad \$55.00

_____ Pasta Salad \$50.00

_____ Quinoa Salad \$50.00

_____ 1/4 cut sandwiches \$55.00

Our Scholarly Soups – These freshly prepared soups serve 15-20 ppl. Tomato, Broccoli Cheddar, Clam Chowder, Corn Chowder, Potato Leek, or French Onion

\$45.00 each

A la Carte Menu

Breakfast/Brunch:

Huevos Rancheros 5.00 / each
(Scrambled Eggs, cheese, salsa, tortilla)

Hot Breakfast Sandwich \$2.50 / each
(Egg and cheese w/ ham or sausage)

Yogurt \$1.25 / each
(Vanilla or Blueberry)

Cereal w/ milk \$1.75 / each
(Smart Start or Special K)

Fresh baked muffins \$1.25 / each
(Gingerbread, Chocolate, Apple)

Fruit Salad Platter \$55.00 / each

Otis Spunkmeyer Cookies \$0.75 / each
(Whole grain chocolate chip - Minimum order of 20)

Otis Spunkmeyer Muffins \$1.00 / each
(Apple, Banana, Chocolate-Chocolate Chip - Minimum order of 20)

Orange Juice \$1.25 / each
(1/2 pint single serving)

Coffee \$2.00 per person
(includes cream, sugar, cups, & stirrers)

Lunch / Dinner:

Grab & Go Salads:

- Caesar Salad \$5.50 / each

- Caesar Salad w/ chicken \$6.50 / each

- Spinach Salad \$5.50 / each

- Spinach Salad w/ chicken \$6.50 / each

- Greek Salad \$6.00 / each

- Pasta Salad \$5.50 / each

- Quinoa Salad \$5.50 / each

(Grab & Go Salads include fork and napkin)

Sourdough Rolls \$6.00 / dozen

Bottled Water \$1.00 each / \$12.00 case

Various Soda \$1.00 each / \$16.00 case